## Llanfoist Canal West Walk



DISTANCE 2.85 miles / 4.5 kilometres

TIME 1.5 hours

GRADE Easy, along level paths.

STARTING POINT Llanfoist Crossing Car Park Grid Ref:SO 2860 1330

Alternative car parking at Village Hall Grid Ref: SO 2865 1330 (located further along lane)

This route information has been prepared by Monmouthshire County Council Countryside Services with support from the countryside Council for Wales.

## THE ROUTE

- From the railway car park, take the level track through the metal gate and follow this westwards
- 2 At the canal bridge, turn onto the canal towpath and follow this eastwards back towards Llanfoist
- Cross over the canal at the second brdge and continue along the tow path
- At the small canal basin (Llanfoist Wharf) turn left before the bridge down steep steps towards Llanfoist
- 50m later, turn left again on Church Lane and follow this back to the car park

## POINTS OF INTEREST

- A The route follows the track of the Blaenavon-Abergavenny railway
- B The Monmouthshire & Brecon Canal was built between 1792 and 1812, to link Brecon to Newport Docks
- C A tramway used to run through the woods on the slopes of Blorange to bring coal and iron to the canal wharf
- Govilon owes its existence to the Cwm Shenkin Brook, that provided the power for a number of mills and forges. The name Govilon is thought to derive from the Welsh word for forge – 'gefail'